



Mpox Information for MSM and LGBTQIA+

Mpox is a viral disease that can be spread from person to person through:

- Skin-to-skin contact
- Touching items that contacted someone with mpox, such as bedding or clothing
- Respiratory secretions - coughing, sneezing, talking, etc.

Anyone can become infected. Most cases have been seen among:

- Gay and bisexual men
- Men who have sex with other men
- The LGBTQIA + community

How to protect yourself:

- Get vaccinated
- Avoid contact with those who have symptoms
- Wear a condom when necessary
- Wear a mask if you are in close contact with someone who has symptoms

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