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QUEER YOUTH INITIATIVE (QYOU)

Queer Youth Initiative (QYou) is a safe and affirming place for LGBTQ+ youth ages 11-19. We work to collaborate and provide youth with a network of support and opportunities to express themselves, make new friends, and advocate for the LGBTQ+ community.

RAINBOW PIONEERS

Rainbow Pioneers is a social support group that serves LGBTQ+ individuals ages 50+. Rainbow Pioneers programming provides participants with a safe, affirming space and allows members to engage in a variety of activities ranging from Art Therapy to Joint Mobility Exercises.

RAINBOW PIONEERS - Cleveland Heights

Rainbow Pioneers is a social support group that serves LGBTQ+ individuals ages 50+. Rainbow Pioneers programming provides participants with a safe, affirming space. The Cleveland Heights group meets at Cleveland Heights Community Center (1 Monticello, Cleveland Heights, OH 44118).

TRANS+

Trans+ offers opportunities for individuals ages 18+ within the transgender and non-binary community to discuss different aspects of their journeys, share vital resources, celebrate each other’s successes, and support one another when faced with challenges as a collective group.

POPULAR OPINION LEADERS (POL)

Popular Opinion Leaders is a group whose main focus is to increase awareness and knowledge of HIV/STIs, prevention methods including PrEP, and connection to resources and support through outreach and direct engagement in the community, with a specific focus on transgender and gender diverse individuals.
SMART RECOVERY

SMART Recovery’s 4-Point Program is the organization’s flagship secular program serving those with an addictive behavior, including both substance and activity/process addictions. For more information, contact Ryan Thomason at (706) 459-7594 or rthomason@thrivesupport.com.

HEALTH & WELLNESS

WUMC FOOD PANTRY

Run through a partnership between Westlake United Methodist Church and the Greater Cleveland Food Bank, The Center is proud to host a walk-in food pantry on the first Friday of each month. Photo identification is required.

ALCOHOLICS ANONYMOUS

Pride AA is a community-led support group for LGBTQ+ and ally community members in recovery.

BY APPOINTMENT ONLY

METROHEALTH PRIDE NETWORK

The Center and MetroHealth have partnered to provide safe and supportive medical care to the Cleveland LGBTQ+ community onsite at The Center.

Pride Clinic Phone: 216.957.4905

WALK-IN HIV/STI TESTING

Free testing is provided in collaboration with Central Outreach Wellness Center and The Centers for Family and Children. Individuals seeking testing must be 18+ in age or accompanied by a legal guardian. Please check our website for any upcoming scheduling changes.
CIRCLES OF SUPPORT

MONTHLY 2ND TUESDAY (hybrid) 6:30 PM - 8:30 PM  REGISTRATION REQUIRED

PFLAG CLEVELAND SUPPORT GROUP

PFLAG Cleveland Monthly Support Group is composed of LGBTQ+ individuals, family members and allies who come together to share their personal stories in their journey toward acceptance and love. It is an intergenerational group facilitated by volunteer mental health professionals dedicated to the mission of creating a caring, just and, affirming world for LGBTQ+ people.

Meetings are at Trinity Commons and hybrid (both in-person and on Zoom). Participants must register before each meeting at www.pflagcleveland.org.

MONTHLY 4TH FRIDAY 6:00 PM - 7:30 PM  REGISTRATION REQUIRED

PROUD FAMILIES

When a child "comes out", parents and caregivers often find that they are in new and unfamiliar territory, left with questions about what it means to identify as LGBTQIA+. This support group provides a safe and supportive environment to help navigate through their thoughts and emotions, and gain knowledge. The group provides a unique opportunity for personal growth - empowering them to be both an ally and an advocate in their roles as a parent or caregiver.

Meetings are in-person at The LGBT Community Center of Greater Cleveland. Participants are asked to register.

COMMUNITY GROUPS

MONTHLY LAST MONDAY 6:00 PM - 7:30 PM  DROP-IN BASED

BI+ NETWORK

The Cleveland Bisexual+ Network exists to serve and support at large the people who can find themselves on the fringes of both the straight community and the LGBT+ community with monthly meetings for discussion, as well as additional social outings to create a beautiful, active, and engaged community.
BUILDING A VILLAGE

Building A Village is a social support group that offers queer parents with children 10 and under with an opportunity to build social connections while their children participate in age-appropriate social programming provided by Art Therapy Studio.

VARIOUS TIMES

LGBTQ+ CHURCH HURT GROUP

The LGBTQ+ Church Hurt Group is a partnership between the LGBT Community Center of Greater Cleveland and clergy from the Episcopal Diocese of Ohio. The group is open to any LGBTQ+ identifying person who is religious, spiritual, nonreligious, as well as those who love the traditions of their faith, but are afraid to make a home in organized religion.

VARIOUS COHORTS

GRIEF COUNSELING GROUP

Losing a spouse, partner, child, parent, sibling, or friend can deeply impact our lives. After experiencing the loss of a loved one, many people find hope and support by sharing their story in the safe atmosphere of a support group.

2ND & 4TH THURSDAYS

THE KALEIDOSCOPE CROWD

In partnership with NAMI Greater Cleveland, we are hosting a peer-facilitated mental health support group for LGBTQ individuals (ages 18+). This group aims to provide a safe, non-judgmental space for support as we look at the intersection of identity and mental health.

2ND THURSDAY

LAVENDER CAFE

Lavender Café is a social support group that welcomes ALL lesbians, bi and pansexual woman-identified queer people. This includes trans and nonbinary members of the LGBTQ community anywhere in their coming out journeys. For individuals ages 18+.
OUT, PROUD, AND PAGAN

Out, Proud, and Pagan aims are to grow the understanding of what it means to be Queer and Pagan. Come and share you journey, experience new rituals, gain understanding, and enjoy yourself, as we all explore the intersection of our sexuality and magick practice.

RAINBOW SOCIAL

A space for sharing talents, activities, games, interests, and laughter. A way to socialize and meet up with friends, in a comfortable safe space, to share interest or new interest together in a community. Fun activities include: social gatherings, museums, theater, chili cook-offs, board games, bowling, etc. Open to LGBT+ community 30 and up!

TRANSFAMILY

TransFamily is a drop-in based support group for trans-identified individuals or allies. For more info regarding the group, please call (216) 302-8499 or visit our website.
THE EDUCATION INSTITUTE

The Center’s Education Institute offers a variety of professional development educational lessons that help bring a better understanding of the LGBTQ community to the workplace.

FOUNDATIONAL TRAININGS
Designed to develop a basic understanding of LGBTQ+ concepts, including:

- LGBTQ+ 101: Allyship
- LGBTQ History
- Trans 101
- Gender Pronouns 101

SPECIALIZED TRAININGS
Designed to expand upon foundational knowledge by applying learning concepts to specialized settings.

- LGBTQ Inclusivity for Medical Providers
- LGBTQ Inclusivity for Educators
- Gear Shift (modeled off SafeZone Curriculum)

COMMUNITY TRAININGS
Designed to provide more financially accessible training offerings for organizations.

- Speaker’s Bureau
- Lunch & Learn

CUSTOMIZED TRAININGS
The Center’s Education Team will collaborate with you to develop a training to help your organization better support the LGBTQ+ individuals you work with and serve.

For more information, contact education@lgbtcleveland.org or 216.651.5428.

GET INVOLVED

DONATE

For more info on supporting our work:

- Visit www.lgbtcleveland.org/donate
- Email development@lgbtcleveland.org

VOLUNTEER

For more info about volunteering:

- Visit www.lgbtcleveland.org/center-volunteer
- Email volunteer@lgbtcleveland.org
- Call (216) 651-5428