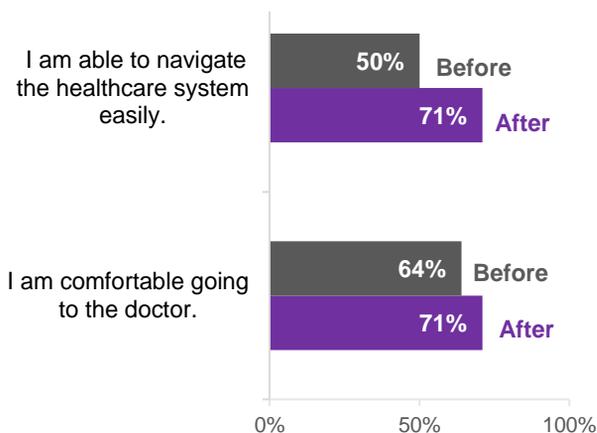


How Did the Translate Study Improve TGNC* Cohort's Healthcare Knowledge and Confidence?

Increased Confidence

Translate Study's TGNC cohort reported growth in personal confidence. In both the survey and follow up interviews, participants shared an increase in speaking up both inside and outside of healthcare settings. Importantly, this confidence was motivated by a desire to stand up for others in their community and to create positive change for future generations.

I agree or strongly agree that... (n=14)



Knowledge Gained

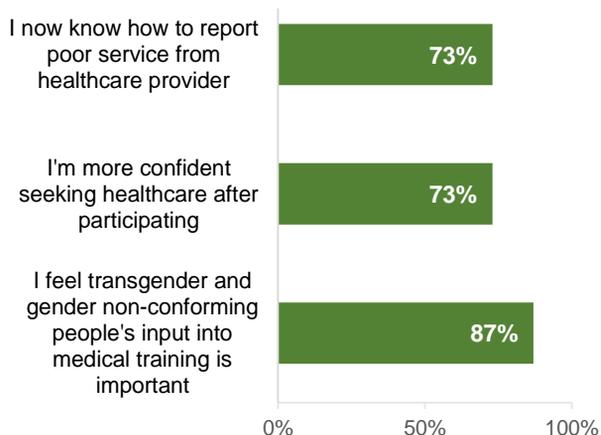
Interviews with the TGNC cohort revealed that key knowledge growth area was about the diversity TGNC community and health needs. The TGNC cohort reporting that the bimonthly meetings revealed they have more to learn from each other about the complexities of gender-affirming healthcare.

“I mean just talking to others, seeing what they’re going through, and bringing their issues, I think it’s going to make it easier for myself and others to be a little more prepared to handle healthcare visits.”
-Interviewed cohort member

Sustainability

The Translate Study focused on the TGNC cohort becoming peer educators for other TGNC individuals navigating the healthcare system. The post survey results show an increased ability to continue to engage in advocacy after the study ended. TGNC cohort has now established a peer-led advocacy group to address healthcare needs specific to their community.

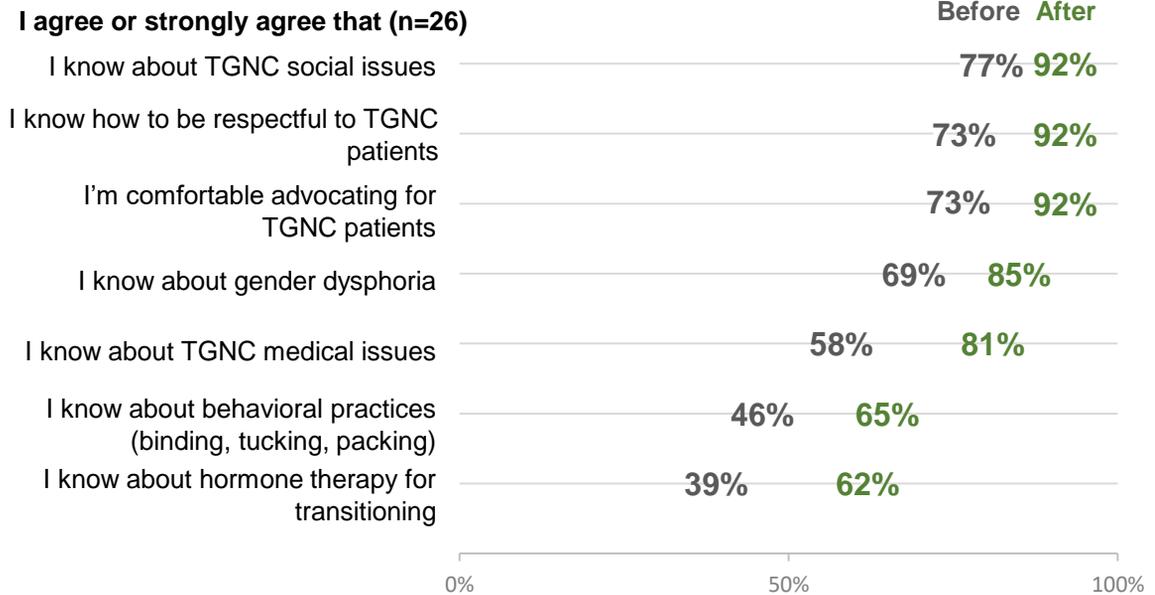
I agree or strongly agree that... (n=18)



*TGNC is an abbreviation for transgender and gender nonconforming individuals

How Did the Healthcare Providers' Knowledge Improve after Facilitated Dialogues?

How to Better Serve TGNC* Patients



Priorities of TGNC Patients

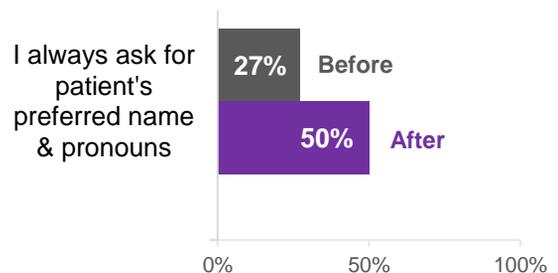
The facilitated dialogues demonstrated success in increasing knowledge related to gender-affirming care and confidence treating future TGNC patients. The Translate Study showed facilitated dialogues led by the TGNC community can teach complex medical and societal issues.

"The terminology was helpful to learn. A lot of the issues with just simply walking into the office, the complexity of how questions are asked at our front desk, how the patient is described within our electronic medical record, and how insulting that can be to the patient. Those small details that we take for granted, play a significant role in how the transgender patient feels during the experience."- Interviewed healthcare provider

Respect Starts at Hello

TGNC cohort gave immediate steps to take to show respect to their TGNC patients, including to begin to ask for names and pronouns. The TGNC cohort directed healthcare providers to recognize them as experts of their own bodies and to reconsider their approach to both learning about and engaging with the TGNC community.

I agree or strongly agree that... (n=26)



*TGNC is an abbreviation for transgender and gender nonconforming individuals

From the TGNC Cohort: Positive Impact of the Translate Study

“I thought the program was great. I actually thought it was pretty informative and it was something for us as trans people to get indulged in, because we don’t have a lot of outlets to have us involved in the community or have us involved in learning about one another. So I thought that was a great space to learn about the trans people.”

“I mean just talking to others and seeing what they’re going through and bringing their issues, I think it’s gonna make it easier for myself and others to be a little more prepared to handle healthcare visits.”

“I’ve been a little bit more assertive during doctor appointments and I think that’s because I know that like if something goes horribly wrong, there’s something I can do about it.”

“I felt like the experiences of the Translate [Study] helped me to be able to interact with healthcare providers and talk about transgender issues with them.”

“I’ve learned from the group of how to handle this situation with bringing up the transgender fact and talking about their hormones and talking about their healthcare needs, you know, being able to better convey what they need and not just leave it up to them, up to the healthcare provider or to the doctor or nurse or whomever they’re seeing. So yeah, I’ve spoke with several transgender people and tried to get them to, and non-binary people, to just tell them what I’ve learned from the group and how they can handle it better, different ways than just the way that I’m used to handling it.”