

LGBT 101: Cultural Competency & the Center

Description

Cultural competency, as defined by the National Center for Cultural Competence, "is having the capacity to value diversity, conduct self-assessment, manage the dynamics of difference, acquire and institutionalize cultural knowledge, and adapt to diversity and the cultural contexts of communities they serve."

Objective

The LGBT 101: Cultural Competency training is designed to provide a fundamental understanding of the Lesbian Gay Bisexual Transgender community. Part of this understanding is also raising awareness of the issues that affect those that identify as part of the larger LGBT community. This awareness should translate into increasing sensitivity and efficacy in working with a vulnerable population. The aim of the program is to accomplish the following three objectives;

- 1. Increase knowledge
- 2. Raise Awareness
- 3. Build Resources

Impact

Participation in a <u>LGBT 101: Cultural Competency</u> training should lay a foundation of knowledge surrounding the Lesbian Gay Bisexual Transgender community that may be built upon through further information seeking. This would include an understanding of common language, concepts, and risk factors that affect the greater LGBT community.

Fact: 80% of gay and lesbian youth report severe social isolation.

Raise Awareness: In order to effectively implement change, participants should self-reflect on their own pre-existing knowledge, experiences, and biases. This primarily should center on the pertinent risk factors of working with a vulnerable population and how that may guide their own actions, as well as how they view the individuals they interact with.

Fact: Up to 68% of LGBT individuals report experiencing employment discrimination. The LGBT 101: Cultural Competence training is not exhaustive of all information regarding the LGBT community. This training will work to set a baseline of understanding, while providing additional resources to enact larger change within groups and organizations.

Fact: 92% of LGBT adults said they believe society has become more accepting of them in the past 10 years.

Contact

To schedule a training session, visit <u>lgbtcleveland.org/trainings.html</u> to fill out a speaker request form. For more information regarding alternative trainings, or staff availability, contact Training Coordinator, John Licatatiso at (216) 651-5428 or <u>ilicatatiso@lgbtcleveland.org</u>.



